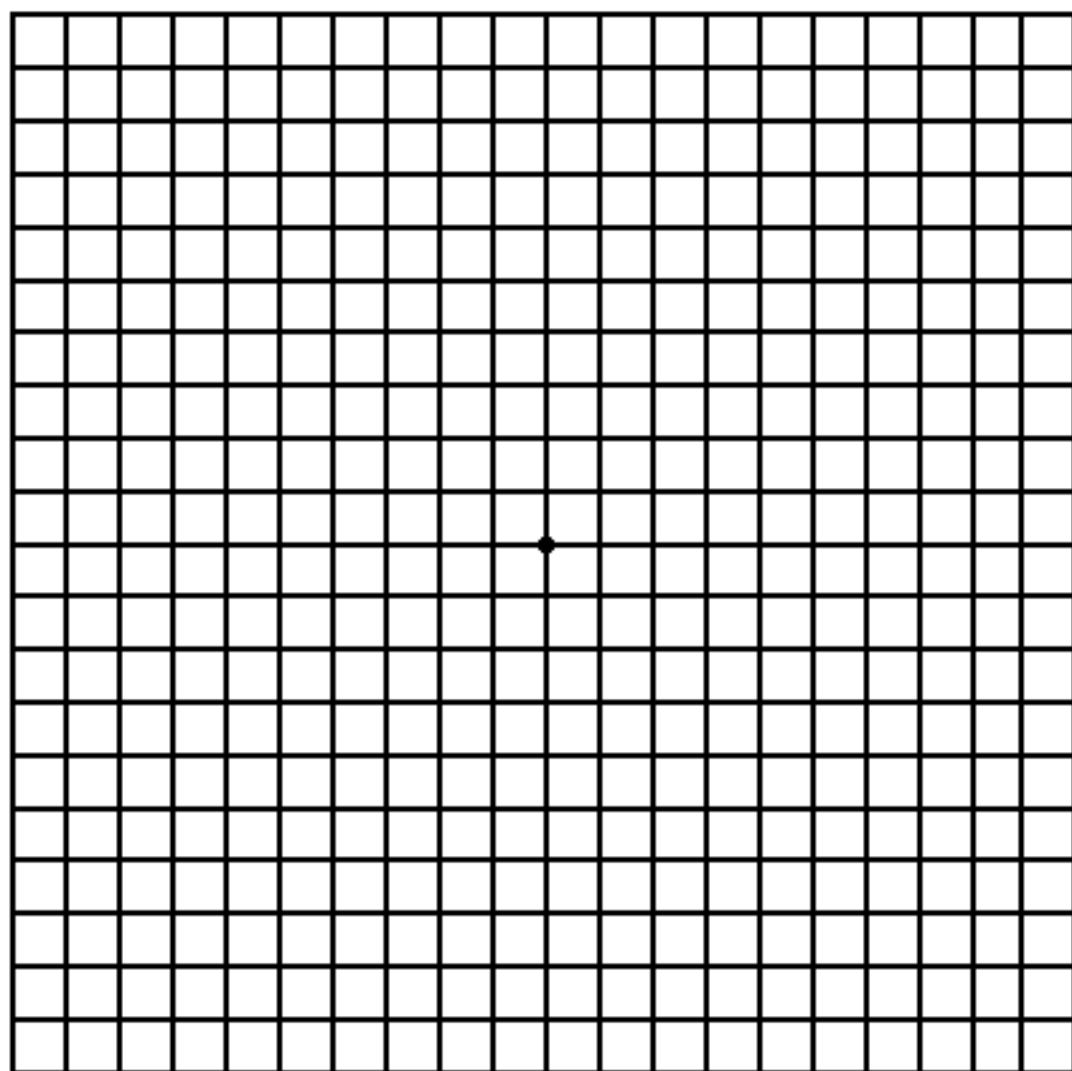# AMSLER GRID

1. Test vision with one eye at a time, and use normal glasses for reading.

2. Hold chart at normal reading distance.

3. Stare at central dot and look for distortion or blind spots in the grid.