

Checklist for Laser Vision Correction

There are many factors which make a good candidate for Laser Vision Correction. These include the type and amount of the refractive error to be treated, the health and anatomy of the eye, the general health of the candidate, and his or hers visual needs and expectations.

- The goal of Laser Vision Correction is to reduce or eliminate the need for glasses or contact lenses for distance vision.
- Are your eyes generally healthy and free of any past or present disorder except needing glasses or contact lenses?
- Inform your doctor if you have had any problem with dry eye, corneal abrasions, eye injury, allergy to eyedrops, and any family history of eye problems.
- Candidates for Laser Vision Correction cannot have rheumatoid arthritis, Lupus, collagen vascular disorders, any autoimmune or immunodeficiency disorder (AIDS), or a history of ocular herpes infection.
- Are you generally healthy medically, with no uncontrolled medical problems such as diabetes or hypertension?
- Do you have any history of corneal infections, scarring, or keratoconus?
- Have your glasses or contact lens prescriptions been fairly stable over the past year?
- If you wear contact lenses, are you able to discontinue wearing them for one to two weeks for soft lenses, and possibly several months for rigid lenses prior to the procedure?
- Inform the doctor of any medications that you take, and if you take Accutane, Cordarone, Amiodarone, or Imitrex.
- Do you adjust easily to change, and are willing to commit to the necessary post-operative care?
- If you are female, you cannot have Laser Vision Correction during or within six months of pregnancy.

You should be able to state why you want Laser Vision Correction, such as for recreational or occupational activities, to reduce the need for glasses or contacts, etc:
